

Because *Every Heartbeat Counts*

Supporting Sydney Adventist Hospital's next step in cardiac care

San Foundation

Proudly supporting Sydney Adventist Hospital



Because *Every Heartbeat Counts*

Cardiovascular disease remains Australia's leading cause of death, and demand for heart services continues to rise. Behind every admission is a person waiting, a family hoping, and a life depending on timely, expert care.

At Sydney Adventist Hospital - fondly known as the San, our world-class clinicians are recognised for their expertise and leadership in cardiac care. Now, we must ensure they have access to the technology and facilities needed to deliver the very best outcomes for our community.

To meet growing demand, we are seeking **$2.9 million in philanthropic support** to strengthen heart services through enhanced cardiac facilities and expanded surgical capacity.

With your support, more patients will receive life-saving care when it matters most, because when every heartbeat counts, access to excellence can mean the difference between life and loss.



A Message from our CEO

At the San, our purpose has always been clear: to provide exceptional care that puts people at the centre of everything we do. For decades, the San has been a leader in heart care, trusted by generations of families for compassion, innovation, and clinical excellence.

As cardiovascular disease continues to place an increasing burden on our community, the need for timely, high-quality heart services has never been more urgent. Our clinicians are among the very best in their field, and to continue delivering care at this level, they must have access to the technology and facilities required to provide the very best care, today and into the future.

By enhancing our Cardiac Catheterisation Laboratories and developing a second state-of-the-art Cardiothoracic Operating Theatre, we can reduce wait times, increase access to life-saving care, and set a new benchmark for heart services in Australia.

When you give, you become part of this story. You equip our expert teams with the tools to save lives, lead innovation, and nurture the next generation of clinicians. You bring hope to families in their most vulnerable moments.

Your generosity strengthens our community and shapes a future where every heartbeat is protected, every life is valued, and every family has access to the care they deserve.

Join us in building on more than 100 years of excellence, compassion, and faith in humanity.

Together, we can ensure that every heartbeat counts, now and for generations to come.

Brett Goods
Chief Executive Officer
Adventist HealthCare Limited

The Rising Need

Across Ku-ring-gai, more individuals and families are affected by heart disease, and demand for cardiac care is increasing. At the San, our teams are seeing more patients with complex heart conditions and multiple health challenges, alongside an ageing population. Every day, more people require life-saving care, placing growing pressure on our services.

12 mins

1

Australian dies from cardiovascular disease every 12 minutes

17.5 million

people die from cardiovascular disease around the world every year

1 in 6

Australians are living with cardiovascular disease

54,000

Australians suffer a heart attack every year

57,000

is the estimated number of heart attacks each year in Australia

One in three

Australians personally knows someone who has had a heart attack

Over 4,500

emergency cardiac cases are treated annually at the San

Our Challenge

Our cardiac facilities are operating at full capacity, and patients are presenting with increasingly complex conditions, often alongside other health challenges. Meeting these needs requires more specialised care and time from our teams.

This rising pressure affects every part of our heart services, from diagnosis and treatment, to surgical scheduling, and the ability to provide care at the highest standards of safety and excellence. Our teams work tirelessly to manage this demand, but the growing volume and complexity of cases is stretching resources and capacity. Without investment in expanded facilities, advanced technology, and additional surgical capacity, wait times will grow, access to critical procedures may be delayed, and opportunities to improve patient outcomes could be lost.

With your support, we can strengthen these services, equip our teams with the tools and space they need, and ensure every patient receives world-class heart care today and into the future.

1.3M+

adults living with heart, stroke or vascular disease in Australia





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Our vision is to be the first choice for patients, families, and providers in the communities we serve for the delivery of high-quality, personalised cardiovascular care. We have the talent - now we need the environment and technology to continue delivering world-class care at the forefront of our field.”

Dr Jason Sharp
Interventional and Structural Cardiologist
Director of Cardiac Catheterisation Laboratories (CCL), SAH

Join us as we *shape the future of heart care* for our patients and their families.



Francis Lerner
Grateful patient of Prof Tristan Yan

Francis' Story

Francis Lerner never expected her life to change in an instant.

After her defibrillator activated, Francis collapsed and remembers little until she woke in the Intensive Care Unit (ICU) at the San. Her aorta had begun to split, a life-threatening emergency that required immediate surgery.

Thanks to the swift action of Prof Tristan Yan and the dedicated teams across cardiac surgery, ICU, nursing, allied health, and support services, Francis survived. It was touch and go.

Francis' brother passed away from a similar condition, making her survival even more profound. Today, Francis is living independently and recently celebrated her 90th birthday, a milestone she once feared she might not reach.

"I feel blessed," Francis says. **"Prof Yan saved my life."**

Behind Francis' recovery was a coordinated team working together across every stage of her care, from emergency response and surgery, to intensive care and recovery. Her story is a powerful reminder that world-class heart care depends not only on clinical expertise, but on the right environment, technology, and facilities to support patients in their most critical moments.

As more people in our community present with complex heart conditions, stories like Francis' highlight why continued investment in heart services is so vital. With your support, more patients will have access to timely, life-saving care and more families will be given precious time together.



The Teams Behind Every Heartbeat

Behind every life saved at the San is a team working seamlessly together. From clinicians and surgeons to nurses, allied health, and support staff, every role is vital in delivering world-class cardiac care.

Every day, these teams face complex cases, high-pressure situations, and rising demand, yet they remain unwavering in their dedication, skill, and compassion. It is their expertise, teamwork, and commitment that give patients like Francis the best chance at life and recovery.

Whether performing life-saving interventions, supporting families, or coordinating care behind the scenes, each member of the San family plays a role in transforming patient outcomes. They are the heart of the hospital, and the reason our cardiac services continue to lead the way in excellence, innovation, and patient-centred care.

Shaping the Future of Heart Care

The San stands at a pivotal moment in cardiac care. Rising demand, increasingly complex cases, and rapid advances in technology present an extraordinary opportunity to shape the future of heart services for our community.

Our vision is clear: to unite world-class expertise, highly specialised teams, and cutting-edge technology to deliver heart care that meets today's needs and anticipates tomorrow's challenges.

By strengthening and expanding our services, with enhanced Cardiac Catheterisation Laboratories and a second state-of-the-art Cardiothoracic Operating Theatre, we can reduce wait times, expand access to life-saving procedures, and provide every patient with the right care, at the right time, in the right environment.

Investing in this vision means creating a lasting impact: it ensures every patient receives exceptional care, equips our teams to continue innovating, and fosters the education and growth of tomorrow's cardiac specialists. Together, we can shape a future where every heartbeat is protected, every life is valued, and San Heart continues to lead in clinical excellence, teaching, and patient care.





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Cardiac care is evolving rapidly, and every advancement we make has the power to save lives and transform patient journeys.

With the right environment, technology, and support, we can lead the way in delivering pioneering heart care for our community.”

Dr Emily Granger
Cardiothoracic Surgeon
Sydney Adventist Hospital

FUNDING OPPORTUNITY

The Impact of Your Gift

Every day, families in our community rely on the San for expert, life-saving heart care. Rising demand and increasingly complex cases mean our teams need the best facilities and technology to provide care at the highest standard.

To deliver this impact, $2.9 million in philanthropic support will allow us to:

- **Upgrade our Cardiac Catheterisation Laboratories (Cath Labs)**
- **Develop a second state-of-the-art Cardiothoracic Operating Theatre**

These enhancements will reduce wait times, expand access to life-saving procedures, and empower our teams, clinicians, nurses, allied health, and support staff, to deliver world-class, patient-centred care.

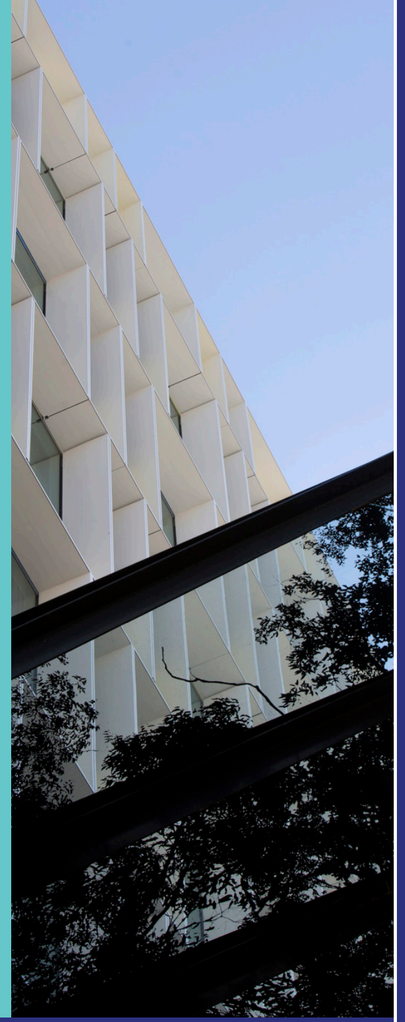
With your support, we can transform heart services at the San, shaping the future of cardiac care and ensuring every patient receives the care they need, when they need it.

$2.9 million to transform heart care at the San

Help us:

- **Upgrade Cath Labs**
- **Build a second Cardiothoracic Theatre**
- **Reduce wait times and increase access**
- **Equip our teams to deliver world-class, patient-centred care**

TOGETHER, THESE INVESTMENTS WILL STRENGTHEN HEART CARE TODAY AND DEFINE A NEW STANDARD FOR THE FUTURE.



Let's Talk

Be part of the story and help protect every heartbeat - contact our team to find out how you can make an impact



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YES, I (we) wish to partner with San Foundation to support Sydney Adventist Hospital's next step in cardiac care

Total amount of pledge: _____

Full name: _____

Phone number: _____

Email: _____

My payment details:

☐ Cheque/Money Order
(made payable to San Foundation)

☐ Credit Card: ☐ Visa ☐ MasterCard ☐ Amex

☐ I would like to make my donation via EFT / Direct Bank Transfer

Credit card Number:

☐☐☐☐ ☐☐☐☐ ☐☐☐☐ ☐☐☐☐

Name on card: _____

Expiry Date: ☐☐/☐☐

Signature: _____

Learn more

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Flip over for more information.

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Learn more

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A teaching hospital of Australian National University

Partner in nursing education Avondale University

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